

# DANCE IT UP! CLASS SCHEDULE 2022-2023

AGE BY SEPTEMBER 1, 2022

1/2/23

Class sizes are limited. Days, times and instructors are subject to change. Classes must have a minimum of 6 students to run at the group rate.

Please see our website for adult class pricing.

|                                 |                       |    |                 |
|---------------------------------|-----------------------|----|-----------------|
| <b>2.5 - 3 YEARS OLD</b>        |                       |    |                 |
| <u>DANCE 'N PLAY@I/II</u>       | DNP I/II              | MW | Tue 9:30-11:00  |
|                                 | DNP I/II              | MW | Sat 9:00-10:30  |
| <b>4 YEARS OLD</b>              |                       |    |                 |
| <u>INTRO TO DANCE</u>           | INTRO                 | CR | Thur 4:00-5:00  |
|                                 | INTRO                 | LD | Sat 10:30-11:30 |
|                                 | INTRO                 | CR | Sat 10:30-11:30 |
| <b>5 YEARS OLD</b>              |                       |    |                 |
| <u>BAL/TAP I</u>                | BAL/TAP I             | LD | Wed 4:00-5:00   |
|                                 | BAL/TAP I/II - closed | CR | Thur 5:00-6:00  |
| <u>BAL/TAP I/II</u>             | BAL/TAP I/II          | LD | Sat 9:30-10:30  |
|                                 | BAL/TAP I/II - closed | MW | Sat 11:30-12:30 |
| <u>HIP HOP &amp; HANDSTANDS</u> | Age 5-8               | MW | Wed 4:00-5:00   |

|                                 |                       |    |                 |
|---------------------------------|-----------------------|----|-----------------|
| <b>6 YEARS OLD (1st grade)</b>  |                       |    |                 |
| <u>BAL/TAP II</u>               | BAL/TAP II            | MW | Wed 5:00-6:00   |
| <u>BAL/TAP I/II</u>             | BAL/TAP I/II - closed | CR | Thur 5:00-6:00  |
|                                 | BAL/TAP I/II          | LD | Sat 9:30-10:30  |
|                                 | BAL/TAP I/II - closed | MW | Sat 11:30-12:30 |
| <u>DANCE JAM 6-10</u>           | Age 6-10*             | MW | Mon 5:30-6:30   |
| <u>HIP HOP &amp; HANDSTANDS</u> | Age 5-8               | MW | Wed 4:00-5:00   |
| <u>ACROBATIC DANCE</u>          | Age 6-9               | MW | Mon 4:00-5:00   |
|                                 | Age 6-9 - closed      | MW | Sat 10:30-11:30 |
| <u>IRISH STEP</u>               | Irish 6-10            | NO | Mon 5:30-6:30   |
|                                 | Irish 6-10            | NO | Thur 5:00-6:00  |

|                                              |                      |    |                 |
|----------------------------------------------|----------------------|----|-----------------|
| <b>7 - 8 YEARS OLD (2nd &amp; 3rd grade)</b> |                      |    |                 |
| <u>FUNDAMENTALS I/II</u>                     | FUND I/II B/T/J      | CR | Mon 4:00-5:30   |
|                                              | FUND I/II B/T/J      | LD | Sat 11:30-1:00  |
| <u>CONTEMPORARY</u>                          | FUND I-III CONTEMP** | LD | Tues 6:00-7:00  |
| <u>DANCE JAM 6-10</u>                        | Age 6-10*            | MW | Mon 5:30-6:30   |
| <u>HIP HOP &amp; HANDSTANDS</u>              | Age 5-8              | MW | Wed 4:00-5:00   |
| <u>HIP HOP</u>                               | Age 7-10 - closed    | CG | Thur 4:00-5:00  |
| <u>ACROBATIC DANCE</u>                       | Age 6-9              | MW | Mon 4:00-5:00   |
|                                              | Age 6-9 - closed     | MW | Sat 10:30-11:30 |
| <u>IRISH STEP</u>                            | Age 6-10             | NO | Mon 5:30-6:30   |
|                                              | Age 6-10             | NO | Thur 5:00-6:00  |
| <u>MUSICAL THEATRE</u>                       | Age 7-11             | LD | Wed 5:00-6:00   |

|                                |                      |    |                 |
|--------------------------------|----------------------|----|-----------------|
| <b>9 YEARS OLD (4th grade)</b> |                      |    |                 |
| <u>FUNDAMENTALS III</u>        | FUND III/IV BALLET   | CR | Tue 5:00-6:00   |
|                                | FUND III/IV TAP/JAZZ | LD | Wed 6:00-7:00   |
| <u>CONTEMPORARY</u>            | FUND I-III CONTEMP** | LD | Tues 6:00-7:00  |
| <u>DANCE JAM 6-10</u>          | Age 6-10*            | MW | Mon 5:30-6:30   |
| <u>HIP HOP</u>                 | Age 7-10 - closed    | CG | Thur 4:00-5:00  |
| <u>ACROBATIC DANCE</u>         | Age 6-9              | MW | Mon 4:00-5:00   |
|                                | Age 6-9              | MW | Sat 10:30-11:30 |
| <u>IRISH STEP</u>              | Age 6-10             | NO | Mon 5:30-6:30   |
|                                | Age 6-10             | NO | Thur 5:00-6:00  |
| <u>MUSICAL THEATRE</u>         | Age 7-11             | LD | Wed 5:00-6:00   |
| <u>JUNIOR BALLET ENSEMBLE</u>  | Age 9-12***          | CR | Sat 11:30-12:30 |

|                                 |                      |    |                 |
|---------------------------------|----------------------|----|-----------------|
| <b>10 YEARS OLD (5th grade)</b> |                      |    |                 |
| <u>FUNDAMENTALS IV</u>          | FUND III/IV BALLET   | CR | Tues 5:00-6:00  |
|                                 | FUND III/IV TAP/JAZZ | LD | Wed 6:00-7:00   |
|                                 | FUND IV PRE-POINTE   | CR | Wed 4:00-5:00   |
| <u>CONTEMPORARY</u>             | FUND IV CONTEMP**    | CK | Tues 6:00-7:00  |
| <u>DANCE JAM 6-10</u>           | Age 6-10*            | MW | Mon 5:30-6:30   |
| <u>HIP HOP</u>                  | Age 7-10 - closed    | CG | Thur 4:00-5:00  |
| <u>ACROBATIC DANCE</u>          | Age 10+              | MW | Tues 4:00-5:00  |
| <u>IRISH STEP</u>               | Age 6-10             | NO | Mon 5:30-6:30   |
|                                 | Age 6-10             | NO | Thur 5:00-6:00  |
| <u>MUSICAL THEATRE</u>          | Age 7-11             | LD | Wed 5:00-6:00   |
| <u>JUNIOR BALLET ENSEMBLE</u>   | Age 9-12***          | CR | Sat 11:30-12:30 |

**Teachers:** LD - Lauren Dempster, BF-Brendan Foley, CG-Chase Garilli, CK-Christina Koleoglou, NO-Nora O'Brien, CR-Catherine Rhodes, MW-Maureen Williams

|                                 |                        |    |                 |
|---------------------------------|------------------------|----|-----------------|
| <b>11 YEARS OLD (6th grade)</b> |                        |    |                 |
| <u>DANCE PREP I</u>             | DP/SPI TAP/JAZZ        | LD | Wed 7:00-8:00   |
|                                 | DP/SPI BALLET          | CR | Tues 6:00-7:15  |
|                                 | DP/SPI BALLET TECH     | CR | Thur 6:00-7:15  |
| <u>VARIATIONS (30 weeks)</u>    | DP/SPI VARIATIONS***   | CR | Thur 7:15-8:00  |
| <u>CONTEMPORARY</u>             | DP/SPI CONTEMPORARY*** | CK | Tues 5:00-6:00  |
| <u>IMPROVISATION</u>            | IMPROV DP+**           | CK | Tues 7:00-7:30  |
| <u>COMPANY/REPERTORY</u>        | COMPANY/REPERTORY***   | CR | Sat 1:00-4:00   |
| <u>DANCE JAM 11+</u>            | Age 11+*               | MW | Mon 5:30-6:30   |
| <u>HIP HOP</u>                  | Age 11-13              | CG | Thur 5:00-6:00  |
| <u>ACROBATIC DANCE</u>          | Age 10+                | MW | Tues 4:00-5:00  |
| <u>LATIN DANCE</u>              | Age 11+                | BF | Wed 4:00-5:00   |
| <u>IRISH STEP</u>               | Age 11+                | NO | Mon 4:30-5:30   |
| <u>MUSICAL THEATRE</u>          | Age 7-11               | LD | Wed 5:00-6:00   |
| <u>JUNIOR BALLET ENSEMBLE</u>   | Age 9-12***            | CR | Sat 11:30-12:30 |

|                                            |                       |    |                 |
|--------------------------------------------|-----------------------|----|-----------------|
| <b>12 - 13 YEARS OLD (7th - 8th grade)</b> |                       |    |                 |
| <u>DANCE PREP II/SENIOR PREP I</u>         | DP/SPI TAP/JAZZ       | LD | Wed 7:00-8:00   |
|                                            | DP/SPI BALLET         | CR | Tues 6:00-7:15  |
|                                            | DP/SPI BALLET TECH    | CR | Thur 6:00-7:15  |
| <u>VARIATIONS (30 weeks)</u>               | DP/SPI VARIATIONS***  | CR | Thur 7:15-8:00  |
| <u>CONTEMPORARY</u>                        | DP/SPI CONTEMPORARY** | CK | Tues 5:00-6:00  |
| <u>IMPROVISATION</u>                       | IMPROV DP+**          | CK | Tues 7:00-7:30  |
| <u>COMPANY/REPERTORY</u>                   | COMPANY/REPERTORY***  | CR | Sat 1:00-4:00   |
| <u>DANCE JAM 11+</u>                       | Age 11+*              | MW | Mon 5:30-6:30   |
| <u>HIP HOP</u>                             | Age 11-13             | CG | Thur 5:00-6:00  |
| <u>ACROBATIC DANCE</u>                     | Age 10+               | MW | Tues 4:00-5:00  |
| <u>LATIN DANCE</u>                         | Age 11+               | BF | Wed 4:00-5:00   |
| <u>IRISH STEP</u>                          | Age 11+               | NO | Mon 4:30-5:30   |
| <u>JUNIOR BALLET ENSEMBLE</u>              | Age 9-12***           | CR | Sat 11:30-12:30 |

|                                             |                        |    |                |
|---------------------------------------------|------------------------|----|----------------|
| <b>14 - 18 YEAR OLDS (9th - 12th grade)</b> |                        |    |                |
| <u>SENIOR PREP II/SENIOR</u>                | SPII/SR JAZZ           | MW | Tue 6:00-7:00  |
|                                             | SPII/SR BALLET         | CR | Wed 5:00-6:30  |
|                                             | SPII/SR TAP            | MW | Mon 6:45-7:45  |
|                                             | SPII/SR BALLET TECH*** | CR | Mon 5:30-6:45  |
| <u>CONTEMPORARY</u>                         | SPII/SR CONTEMPORARY** | MW | Tue 5:00-6:00  |
| <u>IMPROVISATION DP+</u>                    | IMPROV**               | CK | Tues 7:00-7:30 |
| <u>VARIATIONS (30 weeks)</u>                | SPII/SR VARIATIONS***  | CR | Wed 6:30-7:15  |
| <u>COMPANY/REPERTORY</u>                    | COMPANY/REPERTORY***   | CR | Sat 1:00-4:00  |
| <u>DANCE JAM 11+</u>                        | Age 11+                | MW | Mon 5:30-6:30  |
| <u>HIP HOP</u>                              | Age 14+                | CG | Thur 6:00-7:00 |
| <u>ACROBATIC DANCE</u>                      | Age 10+                | MW | Tues 4:00-5:00 |
| <u>LATIN DANCE</u>                          | Age 11+                | BF | Wed 4:00-5:00  |
| <u>IRISH STEP</u>                           | Age 11+                | NO | Mon 4:30-5:30  |

\*Students MUST be enrolled in ballet or jazz to take Dance Jam

\*\*Students must be enrolled in a Contemporary class to take Improvisation and we highly recommend a ballet class for all students enrolled in Contemporary.

\*\*\* Students must be enrolled in a ballet class to take:  
Ballet Tech, Variations, Jr. Ballet Ensemble or Company/Repertory

Company/Repertory begins Saturday, January 7, 2023 and runs through recital  
Variations runs through April 13, 2023 (30 weeks)